



A HOME PREPAREDNESS CHECKLIST



A home preparedness checklist for natural or man-made disasters is crucial for ensuring safety and resilience in the face of emergencies. Here's a comprehensive checklist to help you prepare:

EMERGENCY PLAN:

- Create an emergency plan that includes evacuation routes, meeting points, and emergency contacts.
- Practice shelter-in-place and evacuation drills with all household members.
- Identify and learn how to turn off utilities like gas, water, and electricity.
- Plan for pets including their supplies and safe transport.
- Establish an emergency communication plan with family, neighbors and friends.





EMERGENCY KITS:

Build an emergency supply kit that includes:

- Water (one gallon per person per day for at least three days)
- Non-perishable food (three-day supply for evacuation, two-week supply for home)
- Flashlights for each person and extra batteries – Headlamp and Hand-Held
- First aid kit for each person
- Duct Tape – Fixes everything
- Extra prescription medications and glasses
- Battery-powered or hand crank radio (NOAA Weather Radio, if possible)
- Cash and currency
- Important family documents (copies of insurance policies, identification, bank account records) in a waterproof, portable container
- Sleeping bag or warm blanket for each person - Change of clothing and sturdy shoes
- Personal hygiene items
- Chlorine bleach and a medicine dropper (to disinfect water)

- Fire extinguisher
- Matches in a waterproof container
- Personal sanitation supplies (moist towelettes, garbage bags, plastic ties)
- Paper and pencil, Sharpies
- Books, games, puzzles, or other activities for children
- Face masks
- Sunscreen
- Alcohol and Nicotine – If you're a regular user, have extra stashed
- Alcohol and Nicotine – If you're not a user, good to have as a currency for exchange
- Ammunition – Have enough but not too much to carry if you need to go mobile
- Ammunition – If you're not a shooter, having some 9mm and .223 is good currency
- Consider investing in a high quality portable solar panel recharger.

Consider special supplies for infants, elderly, disabled family members, or pets.





HOME SAFETY:

- Install Dead Bolt Locks on all external doors
- Install FlipLok flip over high security locks on exterior doors
- Replace exterior door hinge screws with longer screws
- Consider installing monitored motion detection cameras.
- Install smoke alarms and carbon monoxide detectors; test them monthly and change batteries annually.
- Store flammable materials safely away from potential ignition sources.
- Learn how to use a fire extinguisher and ensure it is easily accessible.
- Inspect your home for structural issues that could be hazardous in severe weather and make necessary improvements.



IMPORTANT SKILLS AND INFORMATION:

- Learn Basic Life Support, CPR and Stop the Bleed.
- Know how to use the items in your First Aid kit or IFAK
- Stay informed about the types of natural disasters common in your area and the recommended safety actions.
- Understand the alerts and warnings issued by your local government or weather service.

DOCUMENTATION AND CASH:

- Store important documents in a waterproof, fireproof box, and consider keeping digital copies in a secure, accessible online location.
- Keep a small amount of cash or currency in small denominations in your kit, as ATMs may not be operational.



REGULAR MAINTENANCE:

- Take additional training and practice what you learn.
- Review and update your emergency plan and supplies at least once a year or as your family's needs change.
- Rotate food and water in your emergency supply to ensure they remain fresh.
- Check the condition of batteries and electronic devices.

Preparing for disasters requires thoughtful planning and regular maintenance. By following this checklist, you can enhance your family's safety and readiness for a variety of emergencies. Failing to Plan is Planning to Fail.

COMPLACENCY KILLS! CHOOSE TO THRIVE OVER SURVIVE. BECOME A MEMBER TODAY!"

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